

Make Your Own Advent Wreath

The Advent Wreath originally began as an at-home devotion for households to find time to pray during the days of Advent.

While there are plenty of opinions and traditions about Advent Wreaths, here's what you need to make your own Advent Wreath:

- **Four or Five candles** – any type (really – any type). While some people like to have four blue candles or four purple candles or three blue/purple candles and a pink candle (reflecting the common Church colors of Advent) and a white candle for the Christ Candle, the candle colors really don't matter. Find four or five candles – dig out some old votives you forgot you had or mix up some tapers and votives. Again, any type of candles work. Why four or five? Some people use four for the four Sundays of Advent. Other people like to add a fifth center candle for the Christ Candle.
- **Candle holders** - Put your candles in a candle holder or on a plate or in a wreath or even into foam. The point is to make your candles form a circle, and place the Christ Candle (if you're using one) in the center.
- **Decorate (or not)** – You can decorate your Advent Wreath with greenery or leave it simple. We've attached some photos showing the many ways you can create your own Advent Wreath. An online search will give you many more options.
- **Now what?** Well, each day of Advent, light the candles for the week and spend some time in prayer. See the *Advent Wreath Prayers* section for ideas.



